



# CLASS SCHEDULE

MONDAY 9:15AM-10:15AM YOGALATES

TUESDAY 9:15 AM-10:15AM GROUP REFORMER

WEDNESDAY 9:15AM-10:15AM YOGALATES

THURSDAY 9:15 AM-10:15 AM GROUP REFORMER

FRIDAY 9:15AM-10:15AM YOGALATES

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SATURDAY 8:30AM-9:30AM GROUP REFORMER

SPACES LIMITED TO 7  
\$35 PER CLASS

REGISTRATION

805-689-0987

PRIVATE AND DUETS  
AVAILABLE